



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS  
**DELTA KAPPA GAMMA™**

NC DKG  
Alpha Gamma Chapter  
Watauga & Avery Counties  
Region IX

## Rose Petal

NC DKG State Theme:  
Ready, Set, Grow!

Volume 38/Number 4  
December 2019-January 2020

### PRESIDENT'S MESSAGE

***Each day comes to me with both hands full of possibilities...***  
*Helen Keller*

Dear Alpha Gamma Members,

Alpha Gamma has much to be thankful for as the New Year begins!

Was Helen Keller's message ever true when I received the email stating that Sheila Groves had donated \$2,000.00 in honor of Susan Phipps and Judith Carlson to Alpha Gamma's endowment! This means we now have reached our goal! We have \$10,548.97. This is \$548.97 above our goal of \$10,000! A Very Happy New Year!!!

Members turned out in force at Susan's house on January 2 to pack our Beginning Teachers' bags. In fact we kept discovering more donated supplies even after we thought we were through! Next year we may consider carpooling from Food Lion to assist with the parking. A huge thank you goes out to all who sought and received donations and those who packed the bags. I have already received a thank you for a new teacher at Watauga High School!

Alpha Gamma members came through for our Christmas dinner at Hospitality House. We had plenty of food and folks to serve. I've included Judith Geary's recipe for her "Paleolithic" cauliflower mac'n'cheese! It was the hit of the evening!

We also had a nice number of our members attend the Region IX Roaring Rivers adventure! This allowed us to get to know more members in our region.

Our next official meeting is on March 5 and will be devoted to our book choice of Educated by Tara Westover. This gives you two months to read. You will find yourself examining the meaning of family throughout the book!

It is time to be thinking about potential new members for our induction in May. We have a tentative list started, but we want to GROW. We need to think about adding and mentoring more younger members, under age 40, to help our chapter GROW for years to come.

Remember President Cowan's theme: Ready...Set...GROW!

Sincerely,  
Brenda Reese  
President

**2019-2020**

## MEETINGS/EVENTS

*All regular meetings are from 5:30-7:00 PM*

- Jan. 15 Arts and Humanities Gallery submissions window open
- Feb. 1 Cornetet Individual PD Award applications due
- Feb. 1 Chapter President and Necrology Report due
- Feb. 1 Scholarship applications due for NC DKG and DKG International
- Mar. 1 Chapter Achievement, Golden Key, Rising Star, and Newsletter Excellence due
- Mar. 5 **Alpha Gamma Meeting/Book Study** **BREMCO**  
Educated by Tara Westover with Maggie Christenbury and Ala Sue Moretz  
 supported by Barbara Perry-Sheldon
- April 2 **Alpha Gamma Meeting/Stonewalls/Banner Elk**  
**Scotland** by Diane Ward and Leeann Williams
- May 1-3 NC DKG Convention, Embassy Suites  
 Greensboro, Region VII
- May 7 **Alpha Gamma Induction** **BUMC**  
**New Members**  
**New Officers**
- May 16 Compassionate Communities **WHS**
- July 7-11 International Convention, Philadelphia, PA
- April 23-25 NC DKG Convention, Asheville Crowne Plaza and  
**2021** Resort
- July 11-14 International Convention, New Orleans, LA  
**2022** (Okay, JADE EVAUL, you HAVE TO make plans to be there for us!!! You have plenty  
 of planning time!!!)

## Birthdays

<b>August</b>		Shawna Williams	31
Heather Furr	21		
Kim Shields	23	<b>November</b>	
Birgitta McGalliard	31	Carol Deal	4
<b>September</b>		Ebbie Hendrix	4
Beth Masters	2	Louise Osborne	4
Judith Carlson	18	Lori Tyler	14
<b>October</b>		Sheri Little	18
Kay Company	3	Sherri Hale	23
Teresa Shadoin	11	Margaret Gregor	25
Marjorie Farris	16	Amanda Grindstaff	25
Maria Mohr	22	<b>December</b>	
Christy Welch	25	Brenda Reese	4
		Carmen Scoggins	22

Ala Sue Moretz	24
<b>January</b>	
Leeann Williams	3
Rebekah Saylor	8
Melanie McLeod	9
Clara Hollar	16
Gwen Clark	18
<b>February</b>	
Jennifer Luetkemycer	2
Maggie Christenbury	14
Laura Johnson	24
<b>March</b>	
Susan McKay	13
Barbara Perry-Sheldon	16
McKinley Kunz	21
Kelly Walker	28

<b>April</b>	
Olivia Haigler	3
Kim Dunnagan	5
Jade Evaul	12
Adele Byrd	18
Nancy Henry	22
Sharareh Nikbakht	29
<b>May</b>	
Amy Anderson	23
<b>June</b>	
Judith Geary	9
Kristen Heckle	18
Linda Seamster	19
Linda Queen	25
Donna Green	26
<b>July</b>	
Diane Ward	4
Cori Braxton	8
Patty Buckner	9
Susan Phipps	11

### **Refreshments**

March 5 - Amy Anderson, Gwen Clark, Adele Byrd

April 2 - Sherri Hale, Maggie Christenbury, Ala Sue Moretz

May 7 - Birgitta McGalliard

### **Door Prizes**

March 5 - Gwen Clark, Sherri Hale, Birgitta McGalliard

April 2 - Amy Anderson, Carol Deal

May 7 - Cori Braxton, Carmen Scoggins

## WHO ARE WE...

### NEWEST ALPHA GAMMA MEMBERS

Denise (Cori) T. Braxton, Watauga High  
Kimberley H. Dunnagan, Bethel  
Donna L. Greene, Green Valley  
Olivia D. Haigler, Watauga High  
Sherri T. Hale, Valle Crucis  
McKinley G. Kunz, Bethel  
Sherri B. Masters, Freedom Trail  
Melanie A. McLeod, Freedom Trail  
Christina C. Welch, Mabel

### MEMBERSHIP DATA

Watauga	39
Avery	<u>12</u>
Total	51 Active Members
Retired Active Members	20
Members with Connections to Both Counties:	10
5 Live in one and works in the other	
1 Lives in one and worked in the other	
3 Live in one and worked in both	
1 Lived in one and worked in the other	
Teach or Taught at the University (ASU):	12
Supervise(d) Student Teachers:	3
Age Ranges	
20-40 years old	3
40-70 years old	27
70+ years old	<u>21</u>
Total Active Members	51
Plus Reserve Members	<u>5</u>
Active + Reserve Members	56

### Past and Present Positions

(These numbers are fluid and only give an  
*estimated but educated* guess!)

Counselors	2
Public School Administrators	4
Exceptional Children's Teachers	6

Media Specialists	4
Physical Education	1
Science	3
Technology	1
Career and Technical Education	6
Elementary Education	9
Prekindergarten	2
Reading	3
Foreign Language	2

### Updates on Individual Members

The Watauga County Board of Education recognized teachers who renewed their National Board Certification at its December meeting. Alpha Gamma's own **Carmen Scoggins** was honored with Watauga's other outstanding teachers.

Alpha Gamma's scholarship winner from Lees McRae College, **Emily Harrison**, will be completing her student teaching with our very own **Adele Byrd**, at Cranberry Middle School. Both of them are very lucky ladies!

Watauga High School FFA students who were awarded a three star gold rating in the National Chapter Award Program—the highest possible designation awarded by the organization were also recognized along with their advisor and Alpha Gamma member, **Olivia Haigler**.

Our **Laura Johnson** was pictured in the Watauga Democrat helping to serve breakfast during the annual Flapjack Flip event which raises funds for the Watauga Education Foundation.

OUR **Carol Deal** is just now returning from Portugal, and our world travelers, **Diane Ward** and **Leeann Williams**, will be presenting on their trip to Scotland at our April meeting.

New member, **Kim Dunnagan**, just received a \$2,000 Go Outside grant for Astro Camp!

Remember our **Lori Tyler** who lost her father this fall.

Remember our **Beth Masters** who had to deal with a house fire this fall.

### Region IX Roaring River Vineyards Adventure

One component of Chapter Achievement for this year included a challenge to hold joint ventures with other chapters in our region. Region IX took this as an opportunity to gather with multiple chapters at the Roaring River Vineyards. The members from our chapter who saw this as an opportunity to get to know members from other chapters included Adele Byrd, Kay Company, Gwen Clark, Carol Deal, Birgitta MaGalliard, Susan Phipps, Brenda Reese, and Teresa Shadoin. It was such a delightful and rewarding experience that many expressed the desire to make this an annual event.



Birgitta McGalliard chats with members from other chapters at her table.



Kay Company and Adele Byrd prepare for an afternoon of fun as they survey the agenda for the day while looking forward to hearing from Sheila Patterson, Alpha Theta's newest inductee and the Stokes County/Triad Region Teacher of the Year!



## CHRISTMAS DINNER AT HOSPITALITY HOUSE - DECEMBER 16

Diane Ward, Melanie McLeod, Linda Queen, Brenda Reese, Laura Johnson, Santa Claus, Susan Phipps, and Kim Shields gather at the Christmas tree for a group shot after serving Alpha Gamma's annual Christmas dinner for folks at Hospitality House. Many of our other members supported the evening with tons of great foods! We were especially pleased that one of our newest members, Melanie McLeod, was able to join us for the evening!





Alpha Gamma members gathered at Hospitality House on December to serve a Christmas meal. One of the hits of the evening was Judith Geary's Cauliflower "Mac and Cheese." Several asked for the recipe so here is Judith's reinvention, in her words, of the classic Mac and Cheese!

### **Paleolithic Cauliflower Mac'n'Cheese**

Recipe? Well, I started with fresh cauliflower (because it was on sale at Lowes), but you could use frozen. I microwaved each head of cauliflower in a covered glass dish for about 6-7 minutes, then let it cool enough to handle and chopped it up with a big knife. Each of those pans took two heads to fill with chopped cauliflower.

Next, I mixed in eggs, half n half and shredded "fiesta" cheese into the cauliflower. I scrambled the eggs and added half n half and shredded cheese. I was experimenting, but it ended up being nine eggs, about 3/4 c. half n half and a bit over half a pound of cheese for each pan to mix in with the cauliflower. I baked them for about 40 minutes at 350 degrees, covered in foil.

Then I used the rest of a two pound bag of shredded "fiesta" cheese and a half-pound bag of sharp cheddar to cover the pans, took them to HH and suggested they needed to be baked more.

That's about as close as I can come to a recipe. I realize for some people cooking is an art, and I admire that. I have a more "paleolithic" view of cooking, however: catch it, kill it, and heat it up so it's digestible.

## **EDUCATIONAL FOUNDATION GRANTS AWARDED THROUGH FIVE SOURCES**

The NC DKG Educational Foundation announced 13 grants totaling \$11,000. Recipients are Rhonda Allan, Lisa Edwards, Amanda Moose, Tonya Allison, **Amy Anderson**, Leslie Pruitt, **Amber Kimbro**, Lisa Frissen, Kelton Stone, Diane Colin, Malen Braswell, Penni Robinson, and Megan Lovins. You may read more about grant award on the [Foundation website](#) and in their newsletter, *In a Nutshell*. **NOTE that 2 of the 13 were awarded to Alpha Gamma Chapter members!**

### **Amy Anderson Receives DKG Groves-Little Endowment Grant**

Mrs. Amy Anderson, who teaches science at the Williams Academy in Crossnore, recently received the North Carolina DKG Education Foundation Continuing Education for Professional/Personal Growth grant. Continuing education grants are awarded to individuals or to projects offering professional/personal growth for women educators through such educational activities as attendance at conferences or seminars, participation in independent studies, or educational travel.

As a new resident of North Carolina, Mrs. Anderson is learning more about the NC Standard Course of Study in Science thanks to this grant award. The grant allowed her to attend the North Carolina Science Teachers Conference. Attending this professional development opportunity enabled her to gain

expertise, and it also increased her ability to network with other science teachers by establishing a support base. Gathering new ideas from the conference has motivated her to bring the magic of science into the daily classroom through activities such as "Robotics in the Classroom" and "NASCAR Incorporated into the Classroom!". The conference has provided her with a better understanding of the NCSCOS in Science as well as new strategies and techniques.





## **Amber Morgan Kimbro Receives DKG Groves-Little Endowment Grant**

Ms. Amber Morgan Kimbro, a teacher in the Exceptional Children's department at Watauga High School, recently received the North Carolina DKG Education Foundation Groves-Little Endowment for Early Career Educators. She originally graduated from Appalachian State University and was one of their finalists for Student Teacher of the Year. She is a lifelong learner who is constantly searching for new and better techniques to improve her teaching and her students' success. This grant will allow her to continue working on her graduate degree.

The Groves-Little Endowment Grant for Early Career Educators may be initiated by individual educators who have taught four years or less and are employed in NC public schools. It covers a broad range of possibilities, focusing on two areas of importance for early career educators: Learning/Literacy projects for students in school or community settings and Continuing Education for Professional/Personal Growth through attendance at conferences, seminars, educational travel, and other educational activities. Ms. Kimbro received one of the two grants which were awarded in 2019-2020.



## **Andrew Wade Receives DKG Friend of Education Award**



Mr. Andrew Wade of Bubbles Car Wash received the first annual Friend of Education Award presented by the Alpha Gamma Chapter of DKG. Mr. Wade has generously donated to Alpha Gamma's annual Beginning Teachers project for years.

Each January, Alpha Gamma members fill bags of materials and gift cards for first year teachers in both Avery and Watauga counties. The organization chose this time of year because teacher supplies are often running low by this time of year.

As the son of a teacher, Mr. Wade is well aware of teacher needs. Susan Phipps, membership chairperson, was delighted to present the plaque to Mr. Wade and share how much his donations are appreciated!

**March 5 Book Discussion:  
Educated by Tara Westover**

Please share your copies of **Educated** by Tara Westover if possible so everyone will be ready for our book discussion on March 5. Linda Queen suggested this book which received the most votes in our survey. Born to survivalists in the mountains of Idaho, Tara Westover was seventeen the first time she set foot in a classroom; and, when another brother got himself into college, Tara decided to try a new kind of life.

**Duke Endowment Summer Literacy Program**

Boone United Methodist Church is planning for the second year of the Duke Endowment grant's Summer Literacy Program for kindergarten and first grade students who are struggling with reading. Many Alpha Gamma members volunteered last summer and their services are much needed again. We will be in touch with more specific information as planning progresses!

**Status of Alpha Gamma's Endowment:  
\$10,548.97**

On October 28, Betty Marshall, DKG state treasurer, stated that we only had \$2,451.03 to go toward our \$10,000.00 goal. Since then, Maxine McCall sent a \$1,000.00 donation for the Alpha Gamma Endowment Fund! That brought what we needed to \$1,451.03.

Sheila Groves then donated \$2,000.00 in honor of Susan Phipps and Judith Carlson! This means we now have reached our goal! We have \$10,548.97. This is \$548.97 above

our goal of \$10,000! What a wonderful way to begin the New Year!

This will still be increased by the amount earned through the Auto Bell fundraiser. We will know how much after Teresa Shadoin gets back. Teresa is suppose to return on January 6. She emailed me to say she will mail the Auto Bell gift cards when she returns.

**101 Donations**

Alpha Gamma has surpassed its goal of 12 submissions for the 101 Donations for the North Carolina Education Foundation's recognition of outstanding educators!

**Committees Busy GROWing NC DKG!**

NC DKG Committees are meeting, making plans, helping chapters, and GROWing our state organization.

- The Beginning Teacher Support Committee is planning a new award—the BEE—Beginning Educator Excellence—and is revising the scholarship award to provide clearer and more definitive guidelines as to who may apply. Watch for more information soon on the NC DKG website.
- The Membership Committee requested the ages of all NC DKG member to help with planning. Alpha Gamma's numbers for active members at the time of submission looked like this: **20-40 years (3 members); 40-70 years (27 members); 70+ years (21 members)**
- The Rules Committee has Standing Rules proposals submitted on December 15 and revised chapter rules re due February 1. **(Alpha Gamma Chapter's rules have already been submitted with a huge thanks to Barbara Perry-Sheldon.)**
- The Headquarters Committee has now provided Internet access for members using our headquarters! If you have questions while at HQ, please call Leslie Black, NC DKG treasurer, whose number is on the

information sheet located in HQ along with directions in the blue pencil bag on the filing cabinet.

- The Every Member Vote Ad Hoc Committee is considering a proposal that would allow every member to vote on amendments instead of only those who attend the convention.

The committee invites everyone to share their own thoughts

about this with Committee Chair Ashlee Taylor Layton at [ashes.taylor@gmail.com](mailto:ashes.taylor@gmail.com).

- The Scholarship Committee is awaiting applications for two scholarships due February 1, 2020—the NC DKG Doctoral Scholarship and the NC DKG Post Baccalaureate Scholarship. Applications are posted on the website, with links on the [homepage](#) and the [Scholarship Committee](#) page. Contact Scholarship Committee Chair [Michelle Benigno](#) with questions.

### **EEC Equals Well-Defined Programs Engage, Empower, Create**

The fall season is a time to reflect on what we are thankful for and how we can help others.

How can your chapter **Engage, Empower** and **Create** in order to Ready, Set, GROW?

**Engage**—promote membership participation by defining each member's role and recognize the importance of her attendance at functions.

**Empower**—support members' passions and talents by asking them to take the lead in a project or present a program.

**Create**—an environment that is welcoming and caring; carry that over into projects such as singing at a local nursing home...

Family, friends, education, prosperity, and our professional relationships are all things for which NC DKG members are grateful. It is a haven for networking and sharing of ideas.

By: Tobey Worthington, NC DKG First Vice-President

## **Registration for NC DKG Convention and Hotel**

**May 1-3 Greensboro, Embassy Suites**

Registration for the convention is online using the Google Form found at <http://bit.ly/2020NCDKGConvention>. Payment is by credit card or check following the directions on the form. A copy of the registration form will be sent to the email address provided on the form. Registration for the early bird pricing is April 15, 2020.

Registration is also open for hotel rooms at the Embassy Suites Greensboro. Call 336-668-4535 and use the code DKG.

### **NC DKG News and DKG News Both Available Now**

Our state newsletter and the international newsletter— NC DKG News and DKG News—have both been published recently. Remember that both are online only and chapters are asked to send the links to members and to print and share these publications with members without Internet access. Members must be logged into the international website to access the link.

### **Call for Presenters for Philly Convention; Bus Ride Option**

The proposal form is now on the website for members interested in presenting at the 2020 International Convention in Philadelphia, July 7-11, 2020. It is a Google form, due January 6, 2020.

Also available on the website is the vendor/exhibitor application, which is due with payment to Headquarters by April 15, 2020. The 2020 Convention will be held at the Philadelphia Marriott Downtown.

Dr. Phyllis Broughton, Beta Upsilon Chapter, is organizing a bus ride for members wanting an inexpensive trip to Philadelphia. Round trip is \$170 and the bus will leave Williamston in

eastern NC at 7:00 a.m. on Tuesday, July 7.  
Payment is due to Phyllis by January 30, 2020,  
to guarantee the numbers. Contact Phyllis at  
[pbrought@suddenlink.net](mailto:pbrought@suddenlink.net) for more information.

**EVERYONE: Please take the time to  
update or create your on-line profile!**

- Go to [www.dkg.org](http://www.dkg.org) and sign in
- Click on your name at the top of the screen
- In the red line, click "My Participation"
- Scroll down under "Communication Preferences and like the box beside "Yes - Include my DKG Profile in the Members Only Online Directory"
- Double check to make sure all of your information is correct
- Be sure to click the SAVE button!

**Technology: Past, Present, Our Future**  
*By Janye Brainard, Kappa Chapter, Texas  
State Organization*

Years ago technology was a large machine  
Covering a wall of an even larger building.  
It hummed and blinked with electric power,  
And ran programs with punched cards.

Today we hold in our hands that same power.  
It exceeds the imagination of those pioneers.  
Smart phones, texts, pictures, and Google  
docs.

Social media that exceeds science fiction.

This week we travel from past to present:  
Global Connected Learning, Technology Toys,  
Go to Meetings Face to Face Skype, Blogs,  
Websites, Robotics, STEM, Tech Tips and  
Tricks.

Workshops and hands-on tech labs  
Will expand and challenge the expectations.  
Social media and Society information will  
Bring new vital ideas and hopeful tomorrows.

From past into the present and into our future,  
These opportunities allow us to grow and  
Share with our Delta Kappa Gamma sisters.  
Global technology that can be promising and  
exciting.

**Ready, Set, GROW!**

The world is filled  
with blossoms,  
growing brilliant,  
bright, and tall,  
And kind  
and caring teachers  
are the best gardeners of all.

**Alpha Gamma Chapter of NC DKG  
MINUTES  
Thursday, November 7, 2019  
BREMCO Community Meeting Room**

President Reese called the meeting to order at 5:30 welcoming attendees and introducing guests Andrew Wade, owner of Bubbles Carwash, and DKG Region IX Director, Becky Keesler. She also shared information about members unable to attend.

Susan Phipps then presented a plaque to Andrew Wade to mark Alpha Gamma's first annual Friend of Education Award. Bubbles Carwash has generously donated gift cards for the Beginning Teachers Support project each year since its inception.



President Reese announced that Alpha Gamma scholarship winners were recognized in the *Mountain Times* and the *Avery Journal* and that Alpha Gamma's support for the Watauga County Public Library was recognized in their November newsletter.

Next, Becky Keesler discussed the rewards of DKG membership and challenged members to find a broad spectrum of new members to bring into the chapter. She then led the group in an activity that highlighted the specifics of how DKG founder Dr. Annie Webb Blanton and others actually managed to start DKG back in 1929 in Texas.

Susan then took over chairing the meeting as Brenda Reese left to attend a called meeting of the Board of Education, first giving a report of the Region IX special get-together at Roaring River Vineyards followed by a brief reminder of last month's meeting minutes. Kim Shields moved adoption of the minutes, Donna Greene seconded, and the motion passed.

Treasurer Ala Moretz announced that all chapter dues and reports have finally been submitted. It was very difficult to transition to the new schedule for collecting dues, she reported. Ala noted that all annual chapter payments were complete and she reminded members that they still had a short time to sell more \$20 Auto Bell carwashes for the fundraiser in support of the chapter's Limited Endowment within the NC DKG Educational Foundation. Additionally, members were told that the chapter earned \$1060 for our volunteer work for the Blue Ridge Relay Race. Diane Ward moved to accept the treasurer's report, Carol Deal seconded the motion and the motion passed.

Following this, Maggie Christenbury, Ala Moretz and others described the various books being considered for the chapter book talk at the March 5 chapter meeting and a vote was conducted. *Educated* by Tara Westover was selected.

Susan drew members' attention to copies of Chapter Rules revisions, the Strategic Plan changes and the new Marketing Campaign. Since it was believed there was not a quorum present, attendees were told that voting would take place online. (Actually, by that time in the meeting more members had filtered in, so there was a quorum, but no vote was taken.)

The group discussed the statewide initiative of the "101 Donations" fundraiser for the NC DKG Educational Foundation. Each chapter is challenged to make twelve \$10 dollar donations.

The group is close to meeting Educational Foundation goal of \$10,000. Alpha Gamma is only \$2,451.03 shy of meeting the \$10,000 necessary to establish our own chapter limited endowment to award grants to teachers in only Avery and Watauga Counties.

On December 16, the chapter will be serving people at the Hospitality House of Boone. On January 2, 2020, the chapter will be packing bags for the beginning teachers in Avery and Watauga County.

The meeting closed with door prize drawings.

### **NC DKG State Contacts**

International Website: [www.dkg.org](http://www.dkg.org)

NC DKG State Website: [www.ncdkg.org](http://www.ncdkg.org)

Region IX Director Becky Keesler, Alpha Theta



**region9directoretastate@gmail.com**

**ALPHA GAMMA OFFICERS**

Brenda Reese	President
Teresa Shadoin	Past-President
Gwen Clark	Vice-President
Adele Byrd	Secretary
Ala Sue Moretz	Treasurer
Sherri Hale	Communications

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**Newsletter**

Information for the newsletter can be sent to  
Sherri Hale @ **sherrihale75@gmail.com**